

"The *Presence* of Pain: A Mind-Body-Spirit Approach to Pain Management...and More!"

With
Nancy Hopps, L.M.T

Presentation: Given that pain is the single most common reason for visits to physicians in the United States, it is important from a human and an economical standpoint to understand both the *objective* causes and treatments, as well as the *subjective* characteristics of a patient's experience of pain. If health care practitioners are educated in even the simplest of natural pain relief/pain management approaches, proven to be widely effective in diminishing the subjective experience of acute and chronic pain, they can then (directly or by referral) educate their patients in these same practices. This results in relief of human suffering and improves quality of life in mild and severe, acute and chronic pain scenarios. The larger socio-economic ramifications of this improvement in quality of life are far-reaching, and largely self-evident.

Speaker: NANCY HOPPS, L.M.T. is a nationally recognized author, speaker, and mind-body-Spirit healing consultant. Her award-winning *RELAX INTO HEALING* CDs have earned praise from leaders in the field, including Dr. Bernie Siegel and Dr. Joan Borysenko, and are in widespread use in personal and clinical healing settings. Since 1981, her work has touched the lives of thousands of students, private clients, workshop participants and audio listeners. She has presented for a variety of professional, corporate and civic organizations, including numerous hospitals and health care facilities. Nancy's work with private clients has included a wide range of issues, from stress management and emotional disease, to RSD, chronic pain, and cancer. She's also well-respected as a spiritual mentor and life coach. Of the many healing modalities she integrates, Nancy believes, and continually demonstrates, that "the greatest of these is Love."

Accreditation:

- Sacred Heart is accredited by the Oregon Medical Association to sponsor continuing education for physicians. Sacred Heart Medical Center designates this education activity for a maximum of 1.5 *AMA PRA Category 1 Credits(s)*tm. Physicians should only claim credit commensurate with the extent of their participation.
- The Pain Society of Oregon is an approved provider by the Oregon State Board of Clinical Social Workers and the Oregon State Board of Naturopathic Examiners. This program is worth 1.5 continuing education hours.
- This program has been approved by the Oregon State Board of Pharmacy.
- This program meets the requirements of the Lane County Psychologists Association, Oregon State Board of Chiropractic Examiners, Oregon State Board of Massage Therapists, Oregon State Board of Nursing, Oregon State Board of Occupational Therapists and the Oregon State Physical Therapists Licensing Board for 1.5 pain management education hours.
- Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

When: Jan 20, 2010
6:00-8:30 pm

RSVP: Call us at 345-7300 or e-mail info@painsociety.com by Jan 20 to attend

Meeting Info: 1.5
CMEs/CEUs for only \$28!
Includes a meal & networking opportunities!

Where:
[Downtown Athletic Club](#)
999 Willamette St.,
3rd Floor
Eugene, OR 97401

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