



The Pain Society of Oregon Eugene Chapter Meeting

"Prolotherapy for Ligament and Tendon Dysfunction"

Lisa Albanese, M.D.

Presentation: Many people suffer from chronic pain after a traumatic or repetitive use injury and do not find adequate treatment for their symptoms. This lecture will discuss possible indications for prolotherapy to aid in tissue regeneration following tendon or ligament injury; what one can expect from injections, and what evidence is available regarding prolotherapy treatment.

Speaker: Lisa Albanese, M.D. practices pain medicine at Oregon Medical Group in Eugene, OR. She received her medical degree from the University of Wisconsin-Madison school of Medicine in 2006 and completed a Physical Medicine and Rehabilitation residency in Charlotte, NC.

Learning Objectives:

- Define prolotherapy;
- Identify conditions for which prolotherapy may be beneficial;
- Identify risk of prolotherapy;
- Distinguish between tendonosis and tendonitis;
- Discuss research on tendon and ligament treatments.

PSO Member Announcement:

2012 Board of Director Elections will be held at the January Meeting

Accreditation:

- This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the Joint Sponsorship of Sacred Heart Medical Center and the Pain Society of Oregon. Sacred Heart Medical Center is accredited by the Oregon Medical Association to sponsor continuing medical education for physicians. **Credit Designated Statement:** Sacred Heart Medical Center designates this live activity for a maximum of 1.5 *Category 1 AMA PRA credit(s)*.™ Each physician should claim only those credits that he/she actually spent in the educational activity.
- The Pain Society of Oregon is an approved provider by the Oregon State Board of Clinical Social Workers and the Oregon State Board of Naturopathic Examiners. This program is worth 1.5 continuing education hours.
- This program has been approved by the Oregon State Board of Pharmacy.
- This program meets the requirements of the Lane County Psychologists Association, Oregon State Board of Chiropractic Examiners, Oregon State Board of Massage Therapists, Oregon State Board of Nursing, Oregon State Board of Occupational Therapists and the Oregon State Physical Therapists Licensing Board for 1.5 pain management education hours.
- Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

When: Wednesday,
January 18, 2011
6:00-8:00 pm

RSVP:

541-345-7300
info@painsociety.com

Please RSVP by Jan 16th, so that we can make dinner arrangements with the DAC. The PSO will be charged for all RSVPs so please notify our office if you need to cancel.

Prepay Online:

[www.painsociety.com/
prepay](http://www.painsociety.com/prepay)

Please note that we are unable to refund monthly meeting prepayments

Meeting Info:

1.5 CMEs/CEUs for only \$28! Includes a meal & networking opportunities!

Where:

Downtown Athletic Club
999 Willamette St.,
3rd Floor
Eugene, OR 97401

Find out more about the PSO at:

www.painsociety.com

Accessibility:

Sacred Heart Medical Center and the Pain Society of Oregon encourage persons with disabilities to participate in its jointly sponsored programs and activities. Please call 541.345.7300 to request accommodations in order to attend this program.