

**"Know Pain, Know Gain:
Movement in the Context of Understanding"
with
Karen Savereide, D.P.T.**

Presentation: Physical therapists have been participating in the treatment of chronic pain for decades, at times with more and less success. This lecture will explore the paradigm of the neuromatrix as defined by David Butler and Lorimer Moseley (2003), the role of education in modulating both neurophysiology as well as the pain experience, and the effects of movement on the major systems of the body.

Speaker:

Karen Savereide completed her doctoral degree in physical therapy at the University of Southern California. She has worked in a variety of settings, including traumatic brain injury, cardiac and pulmonary rehab, and orthopedics. Karen is currently working as a physical therapist in outpatient rehab for Legacy Health Systems. She sees a diverse patient population of orthopedic, neurological and worker's comp injuries, and is one of the target therapists for patients on the Legacy Pain Management Center.

Accreditation:

- Sacred Heart is accredited by the Oregon Medical Association to sponsor continuing education for physicians. Sacred Heart Medical Center designates this education activity for a maximum of 1.5 *AMA PRA Category 1 Credits(s)*™. Physicians should only claim credit commensurate with the extent of their participation.
- The Pain Society of Oregon is an approved provider by the Oregon State Board of Clinical Social Workers and the Oregon State Board of Naturopathic Examiners. This program is worth 1.5 continuing education hours.
- This program has been approved by the Oregon State Board of Pharmacy for 1.5 pain management CE hours.
- This program meets the requirements of the Lane County Psychologists Association, Oregon State Board of Chiropractic Examiners, Oregon State Board of Massage Therapists, Oregon State Board of Nursing, Oregon State Board of Occupational Therapists and the Oregon State Physical Therapists Licensing Board for 1.5 pain management education hours.
- Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

When:
March 16, 2010
6:00-8:30 p.m.

RSVP:
By phone
503-360-1171 or by replying to
this e-mail by
March 16

Meeting Info:
1.5 CMEs/CEUs for only \$28!
Includes a meal & networking!

Where:
Red Lion Hotel Portland -
Convention Center
St. Johns Room (6th Floor)
1021 NE Grand Ave
Portland, OR 97232

*Find out more about the PSO
at:*

www.painsociety.com

